



# CONSULTATION

Noah's ART was established 2014 by Sharon Hall an experienced mental health nurse. It was born out of a need for community activities that helped people with mental health issues feel valued & integrated them back into their community.

## What we offer to Our Community:

- Paws & Paints Pop Inn – free animal themed & dog friendly café on a Tuesday run by volunteers in recovery from mental health issues – includes music and art activities
- Inscape House student's day – children with ADHD/ Autism
- Therapy Thursday – 1:1 support to have contact with animals
- Supported volunteering programme & student work placements
- Funded pilot youth training program
- Mindful Paws & relaxation retreat days with rabbits



- Monkey Mind Taming for younger students
- Read to rabbits scheme (free)



## What visiting services do we offer?

- Care homes, NHS and community group visits
- Pet Connect – dog assisted befriending scheme
- Corporate wellbeing sessions
- Educational visits teaching about animal care and animal assisted therapy

## OUR THERAPISTS

We are lucky to have five amazing therapists who have many years of experience initially as volunteers before progressing into employment. The service is also supported by up to 25 volunteers with a wide range of recovery stories. We are reminded daily of the honour to work with our wonderful therapy animals. They include 7 therapy dogs, 30 rabbits, 21 guinea pigs, 17 mice, 15 rats, 1 bearded dragon, 1 fat tailed gecko, stick insects, 3 giant African land snails, 2 cats

## LOTTERY FUNDING

### Reaching Communities Funding

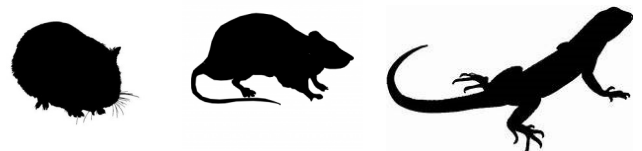


**LOTTERY FUNDED**

We are hoping to apply for lottery funds. Reaching communities offers flexible funding over £10,000 for up to five years to organisations in England who want to take action on the issues that matter to people and communities.

### Funding priorities include:

- Bringing people together & build strong relationships in & across communities
- Improve the places that matter to communities
- Enable more people to fulfil their potential by working to address issues at the earliest possible stage





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## REACHING COMMUNITIES PROPOSAL

Referrals into the service will come from a wide range of services. Early intervention with young people will be a priority but we will support people at any point on the journey of recovery.

Brief interventions or longer-term plan of support. will be intergenerational - older & younger people supporting each other. The service will support people with mental health issues, learning disabilities, dementia, long term physical health issues etc.

### Brief Interventions to be offered:

- Animal assisted engagement activities on hospital wards;
- Animal assisted therapy sessions at base – supporting discharge into community;
- Monkey Mind Taming Programme (mindful fun) in a beautiful yurt
- Nature therapy
- Animal inspired art programmes
- Creative programmes including drama & music

### Interventions offering longer term support:

- Progression into training programmes about animal care & rehabilitation of rescued rabbits & guinea pigs & other animals;
- Dog training for therapy work
- Progression into supporting sessions at care homes
- Supported volunteering such as dog assisted befriending with Noah's ART dogs & coordinator
- Progression into supporting the community café gaining food hygiene certificates etc.
- Progression into animal assisted therapy & creative activities with clients of the service
- Progression into fund raising & marketing & events management—dog shows, art exhibitions, performances
- Progression into product development—developing animal enrichments toys for the shop
- Green horticulture and growing for the café & animals
- Vegetarian cooking courses

## COMMENTS & FEEDBACK

We aim to bring people together & build strong relationships in & across communities.

Does the proposal tackle this objective? Y/N

What else could we offer that will build a stronger community?

Please comment:

We aim to enable more people to fulfil their potential by working to address issues at the earliest possible stage.

Does the proposal address issues faced by young people and those in recovery from mental health issues? Y/N

### Which group of people should we focus on?

Young people

☐

Intergenerational approaches (all groups)

☐

Long term health problems (mental/physical)

☐

Please comment:



### Which services should we prioritise?

Brief interventions (6 weeks)

☐

Practical hands on training (6-12 weeks)

☐

Supported volunteering

☐

Creative activities

☐

Community café

☐

Volunteering

☐

Befriending scheme

☐

Please comment:

